

Report to: Staffordshire Health & Wellbeing Board

To be held on: 06/09/18

Report Title:	Mental Wellbeing & Suicide Prevention					
Report presented by:	Vicky Rowley					
Report prepared by:	Vicky Rowley					
Board Sponsor:	Richard Harling					
Report Type:	System Issues	<input type="checkbox"/>	Prevention	<input checked="" type="checkbox"/>	Statutory Duties	<input type="checkbox"/>
Recommendations / action required:						
<ol style="list-style-type: none"> 1. Agree and support the Suicide Prevention Action Plan 2. Be aware of and contribute (where appropriate) towards research taking place concerning Parental Mental Health 3. Note and support the development of a Time for Change Hub in Cannock 						

Brief Report Summary

The purpose of this report is to present the Board with the final version of the Suicide Prevention Action Plan for Staffordshire and Stoke-on-Trent. This is an opportunity for the board to be aware of the actions within the plan and provide any comments or ask questions about the content.

The report also makes reference to a piece of work currently taking place within the Public Health team, looking into the issue of parental mental health and the impact that this can have on children's health and wellbeing. This research aims to highlight the issues, gaps and areas of good practice which can then generate a summary report which include recommendations and will be brought back to the Staffordshire Health & Wellbeing Board as well as the Children's and Adult's Safeguarding Boards.

Finally, this report aims to inform the Board of a specific project taking place in Hednesford, Cannock concerning the development of a 'Time to Change Hub'.

Main Body of the Report

Suicide Prevention Action Plan

1. In September 2017 a Suicide Prevention Action Plan Workshop was held in order to bring together a range of different people and professionals to develop a comprehensive action plan for suicide prevention across Staffordshire & Stoke on Trent. Since then, a great deal of work has been done, led by both Staffordshire and Stoke on Trent Public Health Teams in order to co-create an action plan which follows national guidelines, and is reflective of local concerns.
2. The Action Plan will be owned and managed by the Staffordshire and Stoke on Trent Suicide Prevention Partnership Group, which is Chaired by Dr Waheed Abassi (Clinical

- Lead for Mental Health across North Staffordshire) and is attended by representatives from a range of organisations including, Network Rail, Samaritans, Mental Health Trusts, Drugs & alcohol commissioners, voluntary sector, Staffordshire Police and others.
3. Delivery of the action plan will also be managed by the Partnership, but led by the local authority Public Health teams, and a process has been put in place to ensure that all members of the partnership have the opportunity to contribute. In order to try and understand the impact that this plan is intended to have, work is underway to develop a dashboard of data which is populated by Coroner data, information from the British Transport Police, Network Rail, Child Death Overview Panel and Brighter Futures who provide a mental health helpline.
 4. Current actions/pieces of work taking place that we wish to bring to the Board's attention are as follows:
 - a. Commissioning Suicide Awareness & Prevention Training for GPs and primary care staff across the County & City.
 - b. Gathering data from the Mental Health Trusts concerning detentions made under Section 136 of the Mental Health Act, which can help to determine certain 'hot spot' locations that require intervention.
 - c. Working with Tamworth Borough Council, Network Rail, Arts for Health and others, to develop and display artwork throughout Tamworth Train Station which conveys positive messages of hope and emotional wellbeing to those that use the station.
 - d. Working with Alleynes Academy and other schools in the Stone area to deliver mental health training to school staff, parents and interested community groups.
 5. This action plan will also be presented to the STP Mental Health Board for approval.
 6. The actions within the plan are still being finalised, and detailed of monitoring arrangements are still to be agreed. We request that the Health & Wellbeing Board provides feedback/comments on the plan to support completion.

Parental Mental Health

7. Research suggests that the mental health of parents is a significant risk factor and contributing factor to the emotional and mental wellbeing of children and young people. It has also been identified by the Staffordshire Safeguarding Children's Board that the issue of 'parental mental health' does not naturally sit on anyone's agenda concerning prevention and commissioning of care pathways.
8. To that end, the Chair of the Safeguarding Board requested that the adult's public health team carry out some research in order to identify the issues, gaps and opportunities concerning the prevention, identification, management and treatment of mental wellbeing & mental health needs amongst adults who are parents to children or young people. Issues concerning substance misuse and domestic abuse would also be key features. This research will then result in a recommendation report that will be brought back to the safeguarding boards as well as the Staffordshire Health & Wellbeing Board at a later date.
9. So far, engagement and consultation has taken place with the County Council Families & Communities team and it came to light that work is being done by Liz Mellor (Lead for CAMHs) who is also looking into this issue from a vulnerable children's perspective and

so we will be working together in order to consolidate our findings and avoid duplication. Discussions have also been taking place with staff from within Families First, the mental health trusts and clinical staff within the community.

10. We ask that the Board take note of this work and contact Vicky Rowley if any member of the board wishes to discuss this piece of work. We also ask that the Board anticipates a future recommendation report which will be brought back to the Board at the end of the year.

Time to Change Hub – Hednesford

11. Colleagues from Cannock Chase District Council wish to establish a Time to Change Hub within Hednesford, which will aim to reduce stigma and discrimination for mental health, in the local area. Led by Friends of Hednesford Park which is a community interest group, a steering group has been established, made up of a range of organisations including local GPs, faith groups, voluntary sector and the CCGs.
12. The group wishes to submit an application to Time to Change in order to receive funding in the sum of 10k in order to establish a hub which will be responsible for running a number of awareness raising events and campaigns, amongst the local community. As part of the process it is a requirement that the Local Authority receives the funding and holds the steering group to account.
13. We request that the Health & Wellbeing Board be aware of and support this piece of work with the hope that more Time to Change Hubs are developed elsewhere in the County.

Appendices:	Staffordshire and Stoke-on-Trent Suicide Action Plan 2018-2020
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